



# MOMS IN TOUCH INTERNATIONAL

## Prayer Sheet

Today's Date October 6, 2010

**Copy the Prayer Sheet for each member of your group. Start on time.**

**Materials needed:** Bible, MITI booklet, pen

♥ **Praise** - Praising God for **who He is**, His attributes, His name, or His character. Please no answers to prayer or prayer requests during this time.

Attribute Strength Definition Power to resist attack; intensity of light, color, or sound; having great resources  
Scripture(s) O my **Strength**, I watch for you; you, O God, are my fortress, Ps. 59:9 "The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation. He is my stronghold, my refuge and my savior-- from violent men you save me. 2 Sam 22:2,3  
Because you are my help, I sing in the shadow of your wings. Ps. 63:7

♥**Confession** - Silent prayer time. Do not gloat over me, my enemy! Though I have fallen, I will rise. Though I sit in darkness, the Lord will be my light. Micah 7:8

♥ **Thanksgiving** - Thanking God for answers to prayer. Please no prayer requests during this time.

The Lord is my **strength** and my shield; my heart trusts in him, and I am helped. My heart leaps for joy and I will give thanks to him in song. Ps. 28:7

♥ **Intercession** - Form groups of two or as comfortable.

### **Our Own Children**

**Scripture** So we say with confidence, "The Lord is my helper; I will not be afraid. What can man do to me?" Heb. 13:6 The Lord is my light and my salvation-- whom shall I fear? The Lord is the stronghold of my life-- of whom shall I be afraid? Ps. 27:1 O Lord, be gracious to us; we long for you. Be our **strength** every morning, our salvation in time of distress. Is. 33:2

Thought: Fear is a dark shadow that envelops us and ultimately imprisons us within ourselves. Each of us has been a prisoner of fear at one time or another—fear of rejection, failure, misunderstanding, uncertainty, sickness, or even death. But we can conquer fear by using the bright liberating light of the Lord who brings salvation. If we want to dispel the darkness of fear, let us remember that “the Lord is my light and my salvation.”

### **Teachers/Staff**

**Scripture** Since you are my rock and my fortress, for the sake of your name lead and guide me. Ps. 31:3

**Specific Request** We pray that the teachers and staff will commit their possessions, their families, and their vocations to God. But first and foremost, we pray that they will commit themselves completely to Him.

**School** From the west, men will fear the name of the Lord, and from the rising of the sun, they will revere his glory. For he will come like a pent-up flood that the breath of the Lord drives along. Is. 59:19 As the mountains surround Jerusalem, so the Lord surrounds his people both now and forevermore. Ps. 125:2

Other Concerns: \_\_\_\_\_

***Remember: What is prayed in the group, stays in the group!***